

Northern Superior Resources Inc.

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NEWS RELEASE

Northern Superior Voids Stock Options

Toronto, Ontario (March 19, 2009): **Northern Superior Resources Inc.** (“Northern Superior” or the “Company”) today announced that options to acquire 1,600,000 common shares granted to directors and officers in December 2008 and repriced in February 2009 have been voided. The grant of the options was first announced in a press release dated December 24, 2008 and the increase in the exercise price was announced on February 6, 2009.

About Northern Superior

Northern Superior Resources Inc. is a junior exploration company whose focus is exploring for gold and diamonds on the Superior Province of the Canadian Shield. Northern Superior is also advancing gold and base metal properties as a by-product from its diamond exploration programs. The Company is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP.

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

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