

Northern Superior Resources Inc.

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**NEWS RELEASE – For Immediate Release**

**Northern Superior Adjusts Stock Options Pricing**

Toronto, Ontario (February 6, 2009): **Northern Superior Resources Inc.** (“Northern Superior” or the “Company”) today announced that the strike price of options granted to directors and officers in December 2008 has been adjusted to \$0.06 per share. The options, which cover an aggregate of 1,600,000 common shares, vest in three equal portions on the first, second and third anniversaries of the grant, and expire on the fifth anniversary. The grant of the options was first announced in a press release dated December 24, 2008.

About Northern Superior

Northern Superior Resources Inc. is a junior exploration company whose focus is exploring for gold and diamonds on the Superior Province of the Canadian Shield. Northern Superior is also advancing gold and base metal properties as a by-product from its diamond exploration programs. The Company is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP.

*The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.*

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