



## **NORTHERN SUPERIOR RESOURCES INC.**

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### **NEWS RELEASE - For Immediate Release**

#### Northern Superior Resources Inc. Initiates Diamond Drilling, Croteau Est Gold Property, West-Central Québec

Sudbury, Ontario (December 5, 2011) Northern Superior Resources Inc. ("Northern Superior" or the "Company") is pleased to announce that drilling has been initiated on its Croteau Est property, west-central Québec. The Company intends to complete as many as eight diamond drill holes by the end of December. These holes are part of a planned 25 hole, 5,000 m diamond drill program that Northern Superior intends to complete by the end of the second quarter 2012.

Diamond drill targets are focused on and within the area of the Dede Shear zone, along which four trenches through overburden have been completed. Prospecting and bedrock mapping has identified two mineralized zones within this shear zone (Dede and Marco) with reported assays from bedrock channel sampling of 1.9 g/t gold over 33.8 m (Trench # 1, see press release September 21<sup>st</sup>, 2011) and 92.57 g/t gold over 1 m (Trench # 3, Marco zone, see press release October 12, 2011). These mineralized zones can be traced along strike within all four trenches for a distance of 330 m and are open along strike.

Dr. T.F. Morris, President and CEO of Northern Superior states: "We are thrilled to initiate what we anticipate to be the first of a series of diamond drill programs on this property. The purpose of the first phase of drilling is to target the Dede shear zone from which a 92.57 g/t gold assay was derived over an intersection length of 1 m. In addition, this drilling will allow us to better understand the distribution of mineralization within the shear zone, as well delineate the extent of the mineralized material. Additional shear zones have been identified and the geological information revealed from the Dede cores will be applied to these other key targets. (see press release, September 21, 2011). We anticipate that additional shear zones on the property will be identified from the recently completed airborne geophysical survey and the planned 2012 summer overburden sampling, prospecting and bedrock mapping programs."

Northern Superior operates the Croteau Est property under an option agreement (see press release, August 23, 2011).

The Company's Qualified Persons ("QP") for the Croteau Est gold property are Donald Boucher, P.Geo. and Michel LeBlanc, P.Geo. As QP's, Mr. Boucher and Mr. LeBlanc have prepared or supervised the preparation of the scientific or technical information for this program and has verified the data disclosed in this press release.

## **About Northern Superior Resources Inc.**

Northern Superior is a junior exploration company focused on exploring for gold and diamonds in the Superior Province of the Canadian Shield. The Company is actively exploring for gold within two important gold districts: the Stull-Wunnumun in Ontario and the Chibougamau in Quebec. The Company has a number of 100% owned properties (see Company web site, [www.nsuperior.com](http://www.nsuperior.com)) within these districts that were identified and developed from the Company's extensive geoscientific data base and from which additional gold exploration projects are being generated. The Company is currently seeking to option-out a number of these properties.

Northern Superior is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP. For further information contact:

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## **For Investors**

*Forward looking statements: This news release includes certain "forward- looking information" within the meaning of Canadian securities legislation and "forward- looking statements" within the meaning of the United States Private Securities Litigation Reform Act of 1995 (collectively, "forward looking statements"). Forward looking statements include predictions, projections and forecasts and are often, but not always, identified by the use of words such as "seek", "anticipate", "believe", "plan", "estimate", "forecast", "expect", "potential", "project", "target", "schedule", "budget" and "intend" and statements that an event or result "may", "will", "should", "could" or "might" occur or be achieved or other similar expressions and includes the negatives thereof. All statements other than statements of historical fact included in this release, including, without limitation, statements regarding potential mineralization, exploration results, interpretation of results, the timing and success of exploration activities generally, the timing and results of future resource estimates, and future plans and objectives of Northern Superior are forward- looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Forward looking statements are based on a number of material factors and assumptions. Important factors that could cause actual results to differ materially from Northern Superior's expectations include exploration risks, changes in project parameters as plans continue to be refined, results of future resources estimates, future metal prices, availability of capital and financing on acceptable terms, general economic, market or business conditions, uninsured risks, regulatory changes, defects in title, availability of personnel, materials and equipment on a timely basis, accidents or equipment breakdowns, delays in receiving government approvals, unanticipated environmental impacts on operations and costs to remedy same, and other exploration or other risks detailed herein and from time to time in the filings made by the Company with securities regulators. Although the Company has attempted to identify important factors that could cause actual actions, events or results to differ from those described in forward looking statements, there may be other factors that cause such actions, events or results to differ materially from those*

*anticipated. There can be no assurance that forward looking statements will prove to be accurate and accordingly readers are cautioned not to place undue reliance on forward looking statements.*

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