

Northern Superior Resources Inc.

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NEWS RELEASE - For Immediate Release

Northern Superior Issues Incentive Stock Options

Toronto, Ontario (December 24, 2008): **Northern Superior Resources Inc.** (“Northern Superior” or the “Company”) disclosed in accordance with its obligations to the TSX Venture Exchange that it has granted incentive stock options to directors and officers to acquire an aggregate of 1,600,000 common shares. The options have an exercise price of \$0.03 per share, being the volume-weighted average price of the shares for the five trading sessions prior to approval by the board of directors. The options vest in three equal portions on the first, second and third anniversaries of the grant, and expire on the fifth anniversary.

About Northern Superior

Northern Superior Resources Inc. is a junior exploration company whose focus is exploring for gold and diamonds on the Superior Province of the Canadian Shield. Northern Superior is also advancing gold and base metal properties as a by-product from its diamond exploration programs. The Company is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP.

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

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