



NORTHERN SUPERIOR RESOURCES INC.

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NEWS RELEASE - For Immediate Release

Northern Superior Resources Inc. elaborates on legal action against the Government of Ontario in an open letter to stakeholders.

Sudbury, Ontario November 18, 2013. Northern Superior Resources Inc. (NSR) (TSXV: SUP) CEO Thomas Morris today issued an Open Letter to stakeholders elaborating on the legal action against the Government of Ontario. NSR recently filed a statement of claim against the Ontario Government for \$110 million in damages, as a result of circumstances leading to its inability to access its Thorne Lake, Meston Lake, and Rapson Bay gold properties in northwestern Ontario.

Thomas Morris, President and CEO of the Company comments: "Our relationships with many First Nations in other areas of Ontario and Quebec have been terrific, and we have always enjoyed building and developing these and other relationships. Had the Government of Ontario fulfilled its constitutional duty to consult with the local First Nation before NSR was evicted and exploration moratoriums and exclusion zones suddenly imposed, the situation that NSR finds itself in would never have come to pass."

The Company respects the inherent right of First Nations to decide whether to allow exploration in their traditional territory, but points to the failure of the Ontario Government to ensure NSR would be able to exercise its rights to the mining claims obtained under the Mining Act. Ontario did not consult with any area First Nations and compounded their failure to consult by arbitrarily creating a mining exclusion zone approximately four times the size of Prince Edward Island (approximately 23,000 km²) adjacent to NSR's claims. Subsequently, two other First Nations in the area asserted overlapping traditional interests in the area of NSR's claims and have indicated under no uncertain terms that the area is subject to a moratorium on exploration and mining of any kind.

After repeatedly attempting to resolve the matter with the Government of Ontario, NSR was left with no option but to commence legal action to protect its investment and the interests of its shareholders and stakeholders.

To date, the Government of Ontario's response(s) relating to the matter have been incomplete and oversimplified in many ways, and have not addressed the key elements of NSR's position. The Government of Ontario has reiterated statements on several occasions related to their commitment to explore "other options" to resolve the matter. However, to date, the only option that the Government of Ontario has presented to NSR is facilitated mediation between NSR and the local First Nation. This position clearly demonstrates the Government of Ontario's complete lack of an understanding of the situation. The Government of Ontario has done nothing to address the moratorium on exploration asserted over NSR's claims by two other First Nations, nor has it taken any responsibility for arbitrarily imposing an exploration and mining exclusion zone directly adjacent to NSR's claims.

Despite this ongoing legal issue, NSR remains committed to its strong relationships with First Nations in the areas of NSR's other claims in Ontario and Quebec, and looks forward mutual collaboration as exploration continues.

The letter is currently available on NSR's website under the "Claim" tab at: www.nsuperior.com

About Northern Superior Resources Inc:

Northern Superior is a junior exploration company exploring for gold in the Superior Province of the Canadian Shield. The Company has over \$5.5 million cash in the bank and is currently focused on exploring its Croteau Est property in Quebec. The Company has a number of 100% owned properties (see Company web site, www.nsuperior.com) in the Stull-Wunnumin and Chibougamau gold districts of Ontario and Québec.

Northern Superior is a reporting issuer in British Columbia, Alberta, Ontario, and Quebec, and trades on the TSX Venture Exchange under the symbol SUP.

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For Investors

Forward looking statements: This news release includes certain "forward-looking information" within the meaning of Canadian securities legislation and "forward-looking statements" within the meaning of the United States Private Securities Litigation Reform Act or 1995 (collectively, "forward looking statements"). Forward looking statements include predictions, projections and forecasts and are often, but not always, identified by the use of words such as "seek", "anticipate", "believe", "plan", "estimate", "forecast", "expect", "potential", "project", "target", "schedule", "budget" and "intend" and statements that an event or result "may", "will", "should", "could" or "might" occur or be achieved or other similar expressions and includes the negatives thereof. All statements other than statements of historical fact included in this release, including, without limitation, statements regarding potential mineralization, exploration results, interpretation of results, the timing and success of exploration activities generally, the timing and results of future resource estimates, and future plans and objectives of Northern Superior are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Forward looking statements are based on a number of material factors and assumptions. Important factors that could cause actual results to differ materially from Northern Superior's expectations include exploration risks, changes in project parameters as plans continue to be refined, results of future resources estimates, future metal prices, availability of capital and financing on acceptable terms, general economic, market or business conditions, uninsured risks, regulatory changes, defects in title, availability of personnel, materials and equipment on a timely basis, accidents or equipment breakdowns, delays in receiving government approvals, unanticipated environmental impacts on operations and costs to remedy same, and other exploration or other risks detailed herein and from time to time in the filings made by the Company with securities regulators. Although the Company has attempted to identify important factors that could cause actual actions, events or results to differ from those described in forward looking statements,

there may be other factors that cause such actions, events or results to differ materially from those anticipated. There can be no assurance that forward looking statements will prove to be accurate and accordingly readers are cautioned not to place undue reliance on forward looking statements.

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