



## **NORTHERN SUPERIOR RESOURCES INC.**

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### **NEWS RELEASE - For Immediate Release**

#### **Northern Superior Recognized for its Commitment to Progressive Aboriginal Relations (“PAR”)**

**Sudbury, Ontario, September 23, 2013. Northern Superior Resources Inc. (TSXV:SUP)** (“Northern Superior” or the “Company”) is pleased to announce that it has attained Progressive Aboriginal Relations PAR Committed status from the Canadian Council for Aboriginal Business (CCAB) a national non-profit organization whose primary mission is to foster sustainable business relations between First Nations, Inuit and Métis peoples and Canadian business.

"For over 12 years, Northern Superior has been committed to building relationships with Aboriginal communities. Whenever possible, we seek out Aboriginal partnerships and new ways to collaborate with Aboriginal communities," explained Tom Morris, President and CEO of Northern Superior."

PAR is a certification program that confirms corporate performance in Aboriginal relations. Northern Superior's recognition as a PAR Committed company confirms the Company's commitment to continual improvement in Aboriginal relations and its intention to undergo additional external verification of our performance in the future and eventually obtain full PAR certification.

"PAR is the only credible certification program with an exclusive focus on Aboriginal relations. We are pleased to recognize Northern Superior's achievements to date and their ongoing commitment to building meaningful relationships with Aboriginal communities and businesses." said J.P. Gladu, President and CEO of the CCAB. "This year's celebration of 'PAR Certified' and 'PAR Committed' companies demonstrates that even in challenging economic times junior mining companies like Northern Superior remain dedicated to working with Aboriginal communities."

"We are very proud to be recognized by the CCAB as a 'PAR Committed' company. The CCAB is a staunch advocate for Aboriginal businesses and the improvement of Aboriginal livelihoods from coast, to coast, to coast, and it is an honour to be involved with them," said Tom Morris.

## **About Northern Superior Resources Inc.**

Northern Superior is a junior exploration company exploring for gold in the Superior Province of the Canadian Shield. The Company is currently focused on exploring its Croteau Est property in Quebec. The Company has a number of 100% owned properties (see Company web site, [www.nsuperior.com](http://www.nsuperior.com)) in the Stull, Wunnumin and Chibougamau gold districts of Ontario and Québec.

Northern Superior is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP. For further information contact:

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## **For Investors**

*Forward looking statements: This news release includes certain “forward-looking information” within the meaning of Canadian securities legislation and “forward-looking statements” within the meaning of the United States Private Securities Litigation Reform Act of 1995 (collectively, “forward looking statements”). Forward looking statements include predictions, projections and forecasts and are often, but not always, identified by the use of words such as “seek”, “anticipate”, “believe”, “plan”, “estimate”, “forecast”, “expect”, “potential”, “project”, “target”, “schedule”, “budget” and “intend” and statements that an event or result “may”, “will”, “should”, “could” or “might” occur or be achieved or other similar expressions and includes the negatives thereof. All statements other than statements of historical fact included in this release, including, without limitation, statements regarding potential mineralization, exploration results, interpretation of results, the timing and success of exploration activities generally, the timing and results of future resource estimates, and future plans and objectives of Northern Superior are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Forward looking statements are based on a number of material factors and assumptions. Important factors that could cause actual results to differ materially from Northern Superior’s expectations include exploration risks, changes in project parameters as plans continue to be refined, results of future resources estimates, future metal prices, availability of capital and financing on acceptable terms, general economic, market or business conditions, uninsured risks, regulatory changes, defects in title, availability of personnel, materials and equipment on a timely basis, accidents or equipment breakdowns, delays in receiving government approvals, unanticipated environmental impacts on operations and costs to remedy same, and other exploration or other risks detailed herein and from time to time in the filings made by the Company with securities regulators. Although the Company has attempted to identify important factors that could cause actual actions, events or results to differ from those described in forward looking statements, there may be other factors that cause such actions, events or results to differ materially from those anticipated. There can be no assurance that forward looking statements will prove to be accurate and accordingly readers are cautioned not to place undue reliance on forward looking statements.*

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