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NEWS RELEASE – FOR IMMEDIATE RELEASE

NORTHERN SUPERIOR RESOURCES COMMENCES FALL DRILL PROGRAM AT TI-PA-HAA-KAA-NING GOLD PROJECT

- New drill program to involve 26 holes from 13 collar locations totalling 3,700 metres
- New drilling follows completion of summer bedrock mapping and sampling program
- Overburden sampling and mapping program completed in “Big Dam” area

Toronto, Ontario (September 18, 2008): **Northern Superior Resources Inc.** (“Northern Superior” or the “Company”) is pleased to announce the commencement of a new drill program on its 50%-owned Ti-pa-haa-kaa-ning Gold property (“Ti-pa-haa-kaa-ning” or the “Property”) in Northwestern Ontario. Northern Superior is the project operator. The new drill program follows detailed bedrock mapping and sampling in the eastern part of the 33,248 hectare Ti-pa-haa-kaa-ning property over the course of the summer where several existing gold and base metal showings are located. Northern Superior previously reported historical and current anomalous gold assay results from bedrock grab samples collected from this area (see press release, January 21st, 2008). The Company is planning to drill 26 holes from 13 collar locations for a total of approximately 3,700 metres.

Dr. Tom F. Morris, President and CEO of Northern Superior, commented: “The summer exploration program was successful in improving our understanding of the gold and base metal potential of the eastern part of the Property. The new drill program is designed to further evaluate this potential by defining the strike, width and length of a number of prospective gold-bearing structures that have been identified in the area.”

In addition to the work being conducted in the eastern part of the Property, Northern Superior has also completed a detailed overburden sampling and mapping program in the area of the gold grain dispersal apron, now referred to as the “Big Dam” area, located in the north central portion of the Property. The dispersal apron, first announced in the fourth quarter of 2007, averages 10.02 gold grains per kilogram of overburden and is two kilometers long with an estimated strike length of at least six kilometers.

It is expected that the results from this program will define a clear cut off for the source of the gold grains associated with this highly-prospective gold grain dispersal train (see press release, October 17th, 2007). These results, combined with the data derived from an Induced Polarization Geophysical survey currently being conducted, are expected to define drill targets for either the fourth quarter of 2008 or first quarter of 2009.

About Northern Superior Resources Inc.

Northern Superior Resources Inc. is a junior exploration company whose focus is exploring for gold and diamonds on the Superior Province of the Canadian Shield. Northern Superior is also advancing gold and base metal properties as a by-product from its diamond exploration programs. The Company is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP.

ON BEHALF OF THE BOARD

Thomas F. Morris, PhD., FGAC, P.Geo.
President & CEO

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

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